



Personal Assessment of Homophobia

Homophobia and Transphobia may be experienced and expressed by LGBTQI people as well as heterosexual people. There are many kinds of homophobia and transphobia that happen every day. We often overlook more subtle actions and exclusions because they may seem insignificant. They are not. Subtle homophobia and transphobia are still homophobia and transphobia.

1. Do you believe that LGBTQI people can influence you to become LGBTQI? Do you think someone could influence you to change your sexual orientation or gender identity?
2. If you are a parent, how would you (or do you) feel about having a lesbian, gay or bisexual son or daughter?
3. If you are a parent, how would you feel if your son/daughter told you they were transgender? Would you support them if they decided to transition to a different gender identity?
4. How do you think you would feel if you discovered that one of your family members identified as LGBTQI? Would it be different if they “came out” as gay/lesbian? Or bisexual? Or transgender?
5. Are there any jobs, positions, or professions that you think LGBTQI people should be barred from holding or entering? If yes, why?
6. Would you go to a physician whom you knew or believed to be LGBTQI if that person were of a different gender from you? If that person were of the same gender as you? If the person identified as transgender? If not, why?
7. If someone you care about were to say to you “I think I’m gay,” would you suggest that the person see a therapist? What if they told you that the gender assigned to them at birth did not “feel right”?
8. Have you ever been to a LGBTQI social event, march, or worship service? If not, why?
9. Can you think of three positive aspects of the gay and lesbian community? Three positive aspects of bisexuality? Three positive aspects of the transgender community?
10. Have you ever laughed at a “queer” joke?
11. Do you think people who “crossdress” do it for performance and attention purposes only?
12. How do you react when someone who does not “look like” a male or female walks into a bathroom you are using? Is it a negative, neutral or positive reaction?

Modified by CU-Boulder Safe Zone 2005. Adapted by UNC-CH Safe Zone 2003. Written by A. Eljin Moses and Robert O. Hawkins, Jr.

Downloaded from UC Boulder’s website
http://www.q-resources.org/ally_personal_assessment.php

www.iamsocialjustice.com

966 Lloyd Street, Eureka, California 95503 • (917) 543-0966 • contactme@iamsocialjustice.com

